

# Eco Newsletter: Spring 2024

As we move ourselves into the new year, the eco-committee are thinking of ways that Bixton can connect itself more to nature. We are looking at reviving our school gardening weekends, so that we can really make a start on this years vegetables. Look out for more details of our first gardening weekend coming up in Spring term 2!

## Quote of the month:

Our Eco committee have chosen this quote for us:

The first blooms of spring always make my heart sing.

-S.Brown

## Connecting to Nature Challenge:

This months challenge is an easy way to boost your mental health and your connection to nature!

Look outside your window (any window will do). Give yourself a minute to stand in silence, listening and looking at all that is around you. What can you see? What can you hear?

And that's it! Give it a go yourself-no equipment needed!

## Eco Fact of the day:

Reusing one plastic bag can limit the use of 600 plastic bags in its lifetime.

## Bixton's Eco Code:

- E**at what you can to reduce food waste.
- C**ommunicate with family and friends about our eco code.
- O**nly use what you need.
- H**elp everyone around you.
- E**nergy can be saved by turning things off.
- R**euse before you recycle.
- O**ne Small thing makes a big difference.
- S**econd hand is better for the planet.



## Make this half term wild!

Take a look on the Wildlife Trust's Website to find out ways that you can connect to nature more this half term: <https://www.shropshirewildlifetrust.org.uk/families/half-term-time>