



BIG OPEN WEEKEND

12 - 13 MARCH

FANTASTIC
OFFERS
ALL WEEKEND!

TRY OUR FACILITIES FOR FREE
Come give us a try!

Please *Speak to a member of our team*
for more details or *just drop in on the day!*

let's do
MORE

TRY OUR FACILITIES FOR FREE

Our friendly team look forward to showing you around!

Enjoy a range of activities and taster sessions.

Unless stated, there's no need to book, just drop in.

ADULT & JUNIOR GYM SESSIONS

Saturday & Sunday 8am - 5pm

Try our gym for FREE!

Our fitness team will be available for tours all weekend. Don't forget to bring along a friend and enjoy trying out our fully air-conditioned gym with the latest cardio, resistance, and free weights equipment.

No need to book, just turn up.

WORKOUT CLASS SESSIONS

These taster sessions are a great way to try out our most popular classes.

Saturday

Step 12pm-1pm

Legs, Bums & Tums

1:30pm-2:30pm

Sunday

Pilates 12pm-1pm

Zumba 1:30pm-2:30pm

Please book your space through our timetable on our website in advance.

SWIMMING ACTIVITIES

HEALTH SWIM & LANE SWIM

Saturday & Sunday

12pm - 1pm in the Main Pool

FUN SWIM WITH

DIVING BOARDS AND FLUME

Saturday & Sunday

1pm & 3pm in the Main Pool

HEALTH SWIM & LANE SWIM

Saturday & Sunday

3pm - 4pm in the Main Pool

SWIMMING IN THE TEACHING POOL

Saturday: 1:30pm – 3:30pm

Sunday: 12pm – 4:00pm

No need to book the above swim activities, just turn up on the day.

SWIMMING LESSONS

1:30pm - 3:30pm

Join us for a taster session for beginners and those looking to improve their swimming skills.

Pre-booking for lessons required, please book at reception or call us on the below number.

The Quarry Swimming & Fitness Centre Priory

Road Shrewsbury Shropshire SY1 1RU

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shropshireleisurecentres.com



**Shropshire Community
Leisure Trust Ltd**

Images for illustration purposes only, available activities may vary and can be subject to change.