



**OUTDOOR**

# **BOOTCAMPS**



**7 sessions a week  
AM & PM times**

**1 hour Bootcamp  
sessions at Bicton  
Play Ground**

**Only  
£6pp**

**All abilities  
catered for**



**Starting from 29/03/2021**

**Plenty of time to get in  
shape for summer!**

Please call/text  
07452 840716  
or email  
[charliep.personaltraining@gmail.com](mailto:charliep.personaltraining@gmail.com)  
to get booked on.

