

Kit List – 2017

This page can be used as a checklist so that things can be ticked off as they are packed into your suitcase/holdall. It's helpful if young visitors are involved in packing so they learn how to pack and can see what they are taking with them.

Please write your child's name on as many things as possible – we get lots of things left behind each week.

Please **do not bring** mobile phones, iPods/MP3 players, computer games, jewellery and fashion clothes. Your school will advise on pocket money.

For health and safety reasons <u>do not bring</u> sleeping bags, aerosol deodorants or other sprays. Roll-on and stick deodorants are fine.

We provide you with a waterproof jacket, waterproof over-trousers, walking boots and rucksack. If you've got your own wellies and walking boots, bring them along.

For your bed you **need to bring a bottom sheet, a duvet cover and a pillowcase** – NOT a sleeping bag. Practise fitting a duvet cover before you arrive!

Casual, warm clothes are most useful. For some activities we wear lots of layers of clothes. If clothes get wet they can be dried in the drying room. Children are encouraged to reuse dried worn clothes!

	Tick
Bottom sheet, duvet cover & pillowcase	
4-5 t-shirts	
4 sweatshirts/hoodies/fleece tops	
5 sets underwear	
4-5 pairs joggers/tracksuit bottoms/leggings (jeans are not suitable for activities)	
Socks – at least 5 pairs (at least 1 thick pair)	
Warm hat/beanie (for evening activities)	
Gloves (depending on weather)	
2 pairs trainers (one will get wet/muddy so the older the better)	
Beach shoes/Crocs/old trainers that can be worn on the beach and can get wet	
Wellies	
Pyjamas and slippers/Crocs/flip flops (no bare feet allowed in the Centre)	
Swim wear	
2 Towels (1 for the beach), shower gel and shampoo	
Toothbrush and toothpaste	
Hairbrush/comb and hair bands (long hair must be tied back for rock climbing)	
Plastic drinks bottle (labelled with child's name)	
2 bin bags for wet clothes and footwear	
Insect repellent	
Sun cream and sunhat	
Disposable camera (optional as staff will be uploading photos to the website)	